

BEHAVIORAL RESPONSES AND THE IMPACT OF NEW AGRICULTURAL TECHNOLOGIES: EVIDENCE FROM A DOUBLE-BLIND FIELD EXPERIMENT IN TANZANIA

ERWIN BULTE, GONNE BEEKMAN, SALVATORE DI FALCO, JOSEPH HELLA, AND PAN LEI

Randomized controlled trials (RCTs) in the social sciences are typically not double-blind, so participants know they are “treated” and will adjust their behavior accordingly. Such effort responses complicate the assessment of impact. To gauge the potential magnitude of effort responses we implement a conventional RCT and double-blind trial in rural Tanzania, and randomly allocate modern and traditional cowpea seed varieties to a sample of farmers. Effort responses can be quantitatively important—for our case they explain the entire “treatment effect on the treated” as measured in a conventional economic RCT. Specifically, harvests are the same for people who know they received the modern seeds and for people who did not know what type of seeds they got; however, people who knew they had received the traditional seeds did much worse. Importantly, we also find that most of the behavioral response is unobserved by the analyst, or at least not readily captured using coarse, standard controls.

Key words: Improved varieties, randomized controlled trial (RCT), experimenter effect, placebo.

JEL codes: Q13.

Compared to many parts of the world, agricultural productivity in sub-Saharan Africa has largely stagnated. The widespread adoption of new agricultural techniques has been identified as one possible way of addressing this concern (e.g., Evenson and Gollin 2003; Doss 2003).¹ New technologies, including high-yielding varieties, drove the Green Revolution in Asia, and could provide increases in agricultural productivity across Africa as

well, thereby stimulating economic growth and facilitating the transition from low productivity subsistence agriculture to a productive, agro-industrial economy (World Bank 2008). Understanding the productivity implications of new technologies is therefore of paramount importance. Randomized controlled trials (RCTs) have been identified as a crucial tool for evaluating yield impacts.² Random assignment of units to treatment or control group ensures exogeneity of the variable of interest, potentially reducing the estimation of average treatment effects (ATE) to a simple comparison of sample means. Examples of RCTs in the domain of agricultural intensification—both in Kenya—include Duflo et al. (2008, 2011) on the profitability and adoption of fertilizers, and Ashraf et al. (2009) on the promotion of export crops.

A common element of (agricultural) interventions is that success often depends on a combination of the innovation provided by the experimenter and the response to the treatment provided by subjects. For example, the impact of new varieties depends on the

Erwin Bulte is a professor of Development Economics at Wageningen University, the Netherlands. Gonne Beekman is a PhD student at Wageningen University. Salvatore Di Falco is a professor of Environmental Economics at the University of Geneva, Switzerland. Joseph Hella is an associate professor at Sokoine University of Agriculture, Tanzania. Pan Lei is an assistant professor at Wageningen University, the Netherlands. The authors would like to thank editor Brian Roe and two anonymous referees for comments and suggestions that helped us to substantially improve the paper. The authors also thank Brad Barham, Jean-Paul Chavas, Valentino Dardanoni, Jeremy Foltz, Gunnar Köhlin, Razack Lokina, Vincenzo Provenzano, Laura Schechter, and seminar participants in Oxford Center for the Study of African Economies (CSAE) conference 2012, the University of Geneva, the University of Palermo, the University of Wisconsin, Madison, the University of Verona, and Wageningen University for their valuable comments. The authors are responsible for any remaining errors. Financial support offered by Swedish International Development Cooperation Agency (SIDA) via Environment for Development is gratefully acknowledged.

¹ A vast body of literature focuses on this subject. Relevant surveys include Feder et al. (1985), Sunding and Zilberman (2001), and Knowler and Bradshaw (2007).

² A large number of applications is available in the domains of health, education, microfinance, and institutional reform.

Amer. J. Agr. Econ. 96(3): 813–830; doi: 10.1093/ajae/aau015

Published online March 20, 2014

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use of complementary inputs such as fertilizer, labor, and land (Dorfman 1996). Further, Smale et al. (1995) modeled adoption as three simultaneous choices: whether to adopt components of the recommended technology; and the decision of how to allocate different technologies across the land area; the decision of how much of these inputs, such as fertilizer, to use (see also Khanna 2001). Not all dimensions of effort are observable, and effort expended and other behavioral responses will depend on the perceptions and beliefs of the subjects (Chassang et al. 2012a). This may threaten the internal validity of RCTs and, insofar as beliefs vary from one locality to the next, will also compromise the external validity of RCTs.

Such threats to validity have received some attention in the (medical) literature: it is common to distinguish between “efficacy trials” (evaluating under nearly ideal circumstances with high degrees of control, such as a laboratory) and “effectiveness trials” (evaluating in the field, with imperfect control and adjustment of effort in response to beliefs and perceptions). While the relevance of (unobservable) effort responses in the domain of impact assessment is widely accepted in economics, the difference between efficacy and effectiveness in development interventions has received scant (empirical) attention; Barrett and Carter (2010) discuss it under the general topic of “overlooked confounders in RCT data.” A few papers discuss the relevance of behavioral responses. For example, writing about field experiments more broadly, List (2011) remarks that “A plausible concern is that when subjects know they are participating in an experiment, whether as part of an experimental group or as part of a control group, they may react to that knowledge in a way that leads to bias in the results.” Moreover, “unobservable perceptions of ... [an] intervention [will] vary among participants and in ways that are almost surely correlated with other relevant attributes and expected returns from the treatment” (Barrett and Carter 2010). The result is differential exposure to the intervention, or unobservable heterogeneity.³ The “muddy realities of

field applications” imply that the attractive asymptotic properties of RCTs disappear—an outcome Barrett and Carter refer to as “faux exogeneity.”

As mentioned, empirical work on the “faux exogeneity” problem is scarce in economics. An exception is Malani (2006), who writes that “For one thing, placebo effects may be a behavioral rather than a physiological phenomenon. More optimistic patients may modify their behavior—think of the ulcer patient who reduces his or her consumption of spicy food or the cholesterol patient who exercises more often—in a manner that complements their medical treatment. If an investigator does not measure these behavioral changes (as is commonly the case), the more optimistic patient will appear to have a better outcome, that is, to have experienced placebo effects.” Another noteworthy exception is Glewwe et al. (2004), who compare retrospective and prospective analyses of school inputs on educational attainment, and suggest that behavioral responses to the treatment may explain part of the differences between these two types of analysis.⁴

To the best of our knowledge, this paper is the first to empirically investigate how behavioral responses may impact the validity of RCTs in the context of agricultural technology adoption. More specifically, we ask to what extent is unobservable effort quantitatively important in a specific agricultural economic application. To probe this issue, we combine evidence from a conventional RCT where both implementers and subjects are informed about assignment status (henceforth referred to as open RCTs) and a double-blind experiment, akin to the type of experiment routinely used in medicine. We focus on an agricultural development intervention in central Tanzania, and distributed modern and traditional seed varieties among random subsamples of farmers. By comparing outcomes in the double-blind RCT with outcomes of the open RCT, we seek to gauge the importance of behavioral responses (see below). We are aware of only one other non-drug study that executes a double-blind trial: Boisson et al. (2010) test the effectiveness of a novel water filtration device

³ Note that heterogeneity induced by non-uniform behavioral responses may be especially important when policy makers or NGOs seek to target specific social groups (such as the rural poor or smallholders). If behavioral responses determine outcomes, average treatment effects derived from a larger population may not be relevant for such a sub-population.

⁴ In a recent paper, Chassang et al. (2012a) proposed a new method to disentangle the effects of treatment and effort. The main idea behind their so-called selective trials is that subjects can express their preferences by probabilistically selecting themselves into (or out of) a treatment group, at a cost to themselves.

using a double-blind trial (i.e., including placebo devices) in the Democratic Republic of Congo. These authors found that while the filter improved water quality, it did not achieve significantly more protection against diarrhea than the placebo treatment.

Our results strongly suggest that (unobservable) effort matters: harvests are the same for people who know they received modern seeds, and for people who did not know what type of seeds they got; however, people who knew they received the traditional seeds did much worse. Hence, the open RCT identified a large and significant effect of the modern seed treatment on harvest levels, and a naïve experimenter may routinely attribute this impact to the greater productivity of modern seed. Surprisingly, all impact in the open RCT appears due to a reallocation of effort. A small part of this behavioral response is captured in our data—farmers who were unsure about the quality of their seed (in the double-blind experiment) and farmers who knew they received the modern seed (in the open RCT) planted their seed on larger plots than farmers who knew they received the traditional seed (control group in the RCT). However, most of this response was not picked up by our data, and is “unobservable” to the analyst. In spite of our efforts to document the effort reallocation process, we cannot explain most of the harvest gap between the open RCT and double-blind trial.

This paper is organized as follows. In section 2 we discuss effort responses in relation to impact evaluation, and demonstrate how under specific circumstances open RCTs and double-blind trials produce upper and lower bounds, respectively, of the outcome variable of interest. In section 3 we describe our experiments, data, and identification strategy. Section 4 contains our results. We demonstrate that the difference between treatment and control group in an open RCT appears to be due entirely to an effort response, and we identify which part of this reallocation process is unobservable using standard survey instruments. In section 5 we speculate on implications for policy makers and analysts.

Effort Responses and the Measurement of Impact

The experimental literature identifies various types of effort responses, which may preclude

unbiased causal inference when experiments are not double-blind. These responses include the Pygmalion effect (expectations placed upon respondents affecting outcomes) and the observer-expectancy effect (cognitive bias unconsciously influencing participants in the experiment). Behavioral responses may also originate at the respondent side. Well-known examples are the Hawthorne effect (i.e., capturing that respondents in the treatment group change their behavior in response to the fact that they are studied—see Levitt and List 2011) and the opposing John Henry effect (i.e., bias is introduced by reactive behavior of the control group). Similarly, Zwane et al. (2011) demonstrate the existence of so-called “survey effects” (i.e., being surveyed may change later behavior). In addition to these effects, and the focus of this paper, optimizing participants *should* adjust their behavior if an intervention affects the relative returns of effort. While random assignment ensures that the intervention is orthogonal to *ex ante* participant characteristics, treatment and control groups will be different *ex post* if treated individuals behave differently.

A stylized model helps to elucidate the underlying idea. Consider a population of smallholder farmers, who we assume to be rational optimizers responding to new opportunities (e.g., Schultz 1964). Assume that each farmer seeks to maximize income and combines effort and seed to produce a crop, Y .⁵ There are two varieties of seed, modern and traditional, and we use $\tau \in \{0, 1\}$ to denote treatment status, so that $\tau = 1$ when modern seed is received. We denote subject effort, which captures a potentially broad vector of choices and behaviors, by $b(p)$, where p is the probability of receiving the treatment. Following Chassang et al. (2012b), we assume $b(p) \in [0, 1]$, where $b(p = 0) = 0$ corresponds to default effort in the absence of treatment (or effort expended by the control group in an RCT), and $b(p = 1) = 1$ corresponds to fully adjusted effort in anticipation of certain treatment (or effort expended by the

⁵ In reality, farmers arguably care about income levels as well as variability. However, in this model there is no stochasticity (only uncertainty about treatment status for some farmers), so we simply assume farmers care about income levels. When interpreting the empirical results in subsequent sections, however, it is important to keep in mind that variability may be an important consideration for farmers (especially when facing incomplete markets for credit or insurance), and that farmers need not necessarily opt for strategies that yield the highest expected income level.

treated group in an RCT). Double-blind trials obviously have intermediate probabilities of treatment (i.e., $0 < p < 1$). Thus, $b(p)$ maps probabilities into a potentially broad range of effort variables (e.g., labor input, fertilizer use, plot size), and captures attitudes and beliefs of the respondent.⁶

We define an RCT as “open” if subjects are fully informed about their own treatment status (i.e., $p = 0$ or $p = 1$). We also assume a monotonic relation between the probability of treatment and effort, $b'(p) > 0$, or that the treatment and effort are complements in production. Intermediate values $b \in (0, 1)$ correspond to partial changes in effort, reflecting uncertainty about treatment status. Again following Chassang et al. (2012b), crop production may be described as:

$$(1) \quad \begin{aligned} Y_{\tau,p} &= \alpha + \tau\Theta_T + b(p)\Theta_B \\ &\quad + \tau b(p)\Theta_I + U_Y, \quad \text{for} \\ \tau &\in \{0, 1\}, b \in [0, 1] \end{aligned}$$

where α picks up expected baseline crop yields, $\Theta_T > 0$ is the direct treatment effect (or the structural effect, according to Glewwe et al. 2004), $\Theta_B > 0$ is the effect of a change in effort unrelated to the treatment (perhaps driven by overly optimistic expectations and beliefs), and Θ_I captures the effect of interactions between treatment and effort (the treatment raises the marginal value product of effort).⁷ The final term, $U_Y, E(U_Y) = 0$, captures unobserved factors. Often, policy makers are interested in the potential contribution of the new technology to production, $\Theta_T + \Theta_I$. This contribution depends on both the direct treatment effect and the interaction effect via the optimal response to the new opportunities provided by modern seed (but not the direct effect of more effort, Θ_B). If farmers optimally adjust their effort to

the new opportunities provided by the intervention, then $\Theta_T + \Theta_I$ captures the “total derivative” of the relevant production function with respect to the intervention. In what follows, we refer to this as the true impact of the intervention. To evaluate the welfare effects of the intervention, the analyst should control for the behavioral change associated with the interaction effects by accounting for changes in the use of complementary inputs valued at the relevant opportunity cost or shadow price.

What do standard experimental approaches yield? When an experimenter uses an open RCT to measure the effect of a modern seed intervention, the treatment effect she will pick up is:

$$(2) \quad \begin{aligned} Y_{1,1} - Y_{0,0} &= \Theta_T + b(1)\Theta_B + b(1)\Theta_I \\ &= \Theta_T + \Theta_B + \Theta_I. \end{aligned}$$

This treatment effect is the *actual* total derivative of the production function with respect to the intervention in the presence of potentially misguided expectations and beliefs. This measure picks up the direct treatment effect and the interaction effect—as it should, because these effects can only be obtained via the treatment. However, the measure also picks up the additional effort response, Θ_B . The latter effect may be obtained in the absence of treatment and presumably comes at a cost (or else effort would presumably not vary across treatments, and we would have $b(p=0) = b(p=1)$). Including the Θ_B effect implies that the standard RCT overestimates the production impact of treatment.⁸ Hence, for $\Theta_B > 0$, equation (2) provides an *upper* bound of the effect that the policy maker is interested in (an RCT provides a lower bound when $\Theta_B < 0$).

Next, assume that another experimenter organizes a double-blind experiment to gauge the impact of modern seed, and subjects believe they are treated with probability $p = 1/2$. Since subjects do not know their treatment status, $b(p)$ will not vary across treatment and control group. This allows the analyst to obtain the following measure of

⁶ Thus, $b(p=0)$ may capture the size of a plot selected by a farmer who knows she sows traditional seed (where plot size affects plant density), and $b(p=1)$ captures plot size when the farmer knows she is sowing the modern seed. We assume farmers have multiple plots, and purposefully allocate plots to crops. If plot size and modern seed type are complements in production, farmers allocate a larger plot to a given quantity of modern seed than to the same quantity of traditional seed (hence, $b(p) > 0$).

⁷ An outside intervention could also lower the marginal value product of effort, so that $\Theta_I < 0$ and $\Theta_B < 0$. For example, claims of drought or pest resistance may discourage farmer effort in monitoring plant stress. This can be incorporated in our framework (and has implications for our interpretation of lower and upper bounds), but to streamline the exposition we assume that $\Theta_I > 0$ and $\Theta_B > 0$ in what follows.

⁸ Moreover, failing to account for associated costs of effort would (further) distort estimates of the intervention’s welfare effect.

impact:

$$(3) \quad Y_{1,1/2} - Y_{0,1/2} = \Theta_T + b(1/2)\Theta_I.$$

The double-blind treatment purges the effort response of the treatment measure: Θ_B does not enter in equation (3). However, equation (3) may also fail to provide the outcome that the policy maker is most interested in. Instead, for $\Theta_I > 0$ and $b'(\cdot) > 0$, the double-blind trial provides a *lower* bound of the true impact as defined above, that is, $\Theta_T + \Theta_I$. Farmers are unable to fully adjust to the opportunities of the new seed, and, believing there is a 50% probability of receiving the traditional seed, they choose their effort level accordingly: $b(1/2) < b(1)$.

Maintaining these assumptions, we may obtain additional insights if we combine the results of the two experiments. Specifically, we can narrow the range of values for the true impact if we compare harvest levels of farmers receiving traditional seed in the double-blind and open RCT trial:

$$(4) \quad Y_{0,1/2} - Y_{0,0} = b(1/2)\Theta_B.$$

This comparison provides a signal of the magnitude of the effort response.⁹ To obtain an unbiased estimate of the true impact of modern seed, $\Theta_T + \Theta_I$, we subtract Θ_B from the upper bound (equation 2). For $b(1/2)\Theta_B \approx 0$, the true effect is close to (or coincides with) the upper bound. In contrast, if equation (4) is “large,” that is, covering most of the gap between the upper and lower bound as in equation (3), then the true impact is close to the lower bound, as derived by equation (3).¹⁰

Data and Identification

Two Experiments

We conducted two experiments with cowpea farmers in Mikese, Morogoro Region (Tanzania) from February–August 2011. Mikese is located along a road connecting Dar es Salaam to Zambia and the Democratic Republic of Congo. The livelihood activities of the households in our sample

are agriculture and trade. As is common in Africa, farm households typically cultivate multiple plots. While all farm households grow cowpeas, none of them “specialize” in this crop—they grow a range of crops on their plots, often on a rotational basis.

We randomly selected 583 household representatives to participate in the experiment, and randomly allocated those to one of four treatment groups. Randomization was done at the level of individual households, and initially there were about 150 participants in each group.¹¹ We organized two experiments: a conventional (open) economic RCT, and a “double-blind” RCT. Participants in both trials received cowpea seed of either a modern (improved) type or the traditional, local type. Farmers were free to combine the seeds they received with other farm inputs, but were instructed to plant all seeds. The name of the improved variety is TUMAINI. This variety was bred and released 5 years earlier by the National Variety Release Committee after being tested and approved by the Tanzania Official Seed Certification Institute (TOSCI). Earlier efficacy trials suggested this variety possesses some traits that are superior to local lines, such as being high yielding and early maturing, as well as exhibiting an erect growth habit. This was communicated to participants in all treatments.¹²

For the double-blind trial to “work,” it was important that the traditional and modern seed looked exactly the same—the seed types must be indistinguishable in terms of size and color. While information about seed type may be gradually revealed as the crop matures in the field, this does not invalidate our design because key inputs were already provided.¹³ Since the modern seed was treated with purple powder, we also dusted the traditional type, and clearly communicated this to the farmers—they knew that seed type could not be inferred from the

¹¹ The precise number of participants per group: Group 1 = 141; group 2 = 147; group 3 = 142; group 4 = 153.

¹² Efficacy tests also suggested the new variety may have some disadvantages compared to the local variety: it does not produce leaves over a long growing season, and is more susceptible to pests and diseases.

¹³ Several of the traits in these seeds should reveal themselves gradually, so in terms of our model, p is time-varying within the growing season (and subjects will adjust their behavior accordingly). It will be important to capture such evolving beliefs in a realistic multi-period model (see Chavas et al. 1991, and Fafchamps 1993) if one aims to estimate farm household income impacts, because off-farm labor allocation, effort devoted to other plots, and crops that are not identically synchronized with the treated crop will all turn in part on these evolving beliefs.

⁹ The effort response as identified in equation (4) provides an underestimate of Θ_B as $b(1/2)\Theta_B < \Theta_B$.

¹⁰ To make these statements more precise we need to make assumptions with respect to the functional form of $b(p)$.

color. The powder is a fungicide/insecticide treatment, APRON Star (42WS), and is intended to protect the seed from insect damage during storage. Our identification strategy rests on the assumption that fungicide dusting did not affect seed productivity (or else our estimates confound behavioral responses and the impact of dusting). The fungicide reduces seed damage prior to distribution, but should not matter for productivity in our experiment because we hand-selected unaffected seeds from the sets of undusted and dusted seed. Moreover, we distributed the seed just prior to the planting season, so losses during storage on the farm were minimal or absent.

Our concealing strategy appears to have been successful, as no less than 96% of the participants in the double-blind RCT indicated that they did not know which seed type they received at the time of seed distribution (of the remaining 4%, half guessed the seed type wrong). In contrast, nearly all participants in the conventional economic RCT knew which seed type they had received.

We informed participants in the open RCT about the type of cowpea seed they received. Subjects in group 1 received the modern seed, and subjects in group 2 received the traditional type. In contrast, subjects in the double-blind trial were not informed about the type of seed they received (nor were the enumerators interacting with the farmers informed about the seed type distributed). Subjects in group 3 received modern cowpeas, and subjects in group 4 received the traditional type. All participants in groups 3 and 4 were given the same information about the seeds. Farmers were not explicitly informed about the probability of receiving either seed type (which was 50%), but it was made clear that the seed they received could be either the traditional or modern variety.¹⁴ All seed was distributed in closed paper bags. Two enumerators participated in the experiment, and they were not assigned to specific treatments (so our results do not confound treatment and surveyor effects).

Participants from all groups were informed that they should plant all the seeds on one

of their plots, and were not allowed to mix the seed with their own cowpeas (or sell the seed). The participants were also informed that the harvest fully belonged to them, and would not be “taxed” by the seed distributor. Each participant received a special bag to safely store the harvested cowpeas until an experimenter had visited to measure the whole harvest towards the end of the harvest season. Cowpeas are harvested on a continuous basis, and to avoid a bias in our results we collected information on both pods stored and sold or eaten between picking and measurement. Seed was planted during the onset of the rainy season (February–March), and harvested a few months later (June–July).

Data

Our dependent variable is the total harvest of cowpeas. As mentioned, cowpeas are harvested on a continuous basis towards the end of the growing season, so we asked farmers to store harvested pods in a special bag we provided. After completing the harvest, participants were visited at home by our enumerators. After removing the cowpeas from their pods, we weighed the seed. We have one main output variable: cowpeas available for measurement during the endline (where we implicitly assume that consumption rates or cowpea sales are similar for the modern and traditional cowpea varieties).¹⁵ We also consider how cowpea yields are affected (defined as harvest divided by plot size); we prefer the harvest over the yield measure, as it is not obvious how (information about) treatment status should affect yields. The reason is that the denominator of the yield variable may be affected by treatment. If farmers in the control group of the RCT (receiving traditional seed) respond by planting their seed on a small plot, we would unambiguously predict that harvest levels go down (because of inter-plant competition), but it is not obvious whether yields are higher or lower than in the treatment group. Yields may be higher (as crop density is higher when the plot is smaller) or lower (if complementary inputs are underprovided as well). That is, if farmers undersupply all inputs (including land, or plot size) to traditional seed in the

¹⁴ Script for distribution of seed in groups 3 and 4: “I have one bag of cowpea seed for distribution. This bag of seed was taken from a big pool of seed, and can be of the improved type or it can be of the traditional type. But it cannot be both. I do not know the type myself. Trials have shown that the improved type is more productive than the traditional type.”

¹⁵ We have also estimated models where we explicitly control for cowpea consumption (as measured in a survey). These outcomes are very similar to the ones reported below, and are reported in the supplementary online appendix.

RCT, then it is not obvious whether yields go up or down. In contrast, harvest levels should unambiguously decline, which makes them the preferred measure.

Explanatory variables were obtained during three waves of data collection. First, household survey data were collected during a baseline survey immediately after distributing the seed. This survey also included sections about demographic characteristics, welfare, land use, plot characteristics, cowpea planting techniques, labor allocation, income activities, and consumption. Second, we obtained field measurements when the crop was maturing in the field. This included measuring plot size, number of plants grown, number of pods per plant, and making observations on land quality (slope, erosion, weeding). Third, additional data were collected during a post-harvest endline survey, immediately after the weighting of the harvest. This endline survey included questions about updated beliefs regarding the type of seed, as well as about production effort (labor inputs, and the use of pesticides and fertilizer).

Attrition

Unfortunately, attrition in our sample is considerable. Specifically, a share of the participants chose not to plant the seed we provided (163 participants, or 28% of our total sample). We speculate that this is because we provided seeds just prior to the planting season (to avoid on-farm seed depreciation). Many farmers perhaps had different plans for their plots at the moment of seed distribution, and had already arranged inputs for alternative crops. We have no reason to believe that this cause of attrition is systematically linked to specific treatments (something that is confirmed by the data). Moreover, in a smaller number of cases (45 cases, or 8% of the total sample) we found that farmers had planted our seed but failed to harvest it. Possible reasons for crop failure include late rain or local flooding. Finally, our enumerators were unable to collect endline harvest data from some participants (52 cases, or 9% of the sample), as these farmers were absent when we tried to visit them for the endline measurement (twice). Among the households with harvest measurement, we managed to conduct the field measurement for a subsample (about 70%). The rest of the fields were not reachable due to their long

distances to the village and/or bad condition of roads. Table 1 provides an overview of these numbers for each treatment group. Attrition rates are rather equal across the four groups.

High attrition is potentially problematic, as it could introduce selection bias in our randomized designs.¹⁶ We deal with attrition in several ways. First, we test whether our remaining sample is (still) balanced along key observable dimensions. We collected data on 44 household characteristics during the baseline, and ANOVA tests indicate that we cannot reject the null hypothesis of no difference between the four treatment groups for all but two variables. The exceptions to the rule are the dependency ratio and a variable measuring social group membership (both variables are slightly lower in group 3 compared to the other three groups). Table 2 reports a selection of these variables, and associated P-values of the ANOVA test.

A second approach is to explain attrition with observable household characteristics. Table 3 presents the results of a probit regression where we regress attrition status on household characteristics; column 1 shows that group assignment is not correlated with attrition.¹⁷ We also report the result of a joint test of group dummy significance (p -value = 0.738) None of the other variables is correlated with our attrition-dummy, except for the participant's subjective health perception. Column 2 presents the results of a stepwise procedure, where insignificant variables are sequentially excluded from the regression. We now find that attrition is partially explained by health perception, education, and wealth indicators (including access to tap water, a positive expectation of future wealth, owning a cell phone, and non-farm income). None of these variables is significantly different across our four groups (table 2), but we cannot rule out that external validity of the impact analysis is compromised by non-random attrition. For example, when attrition is based on unobservables like entrepreneurship or farming skills, we could

¹⁶ Attrition may also be problematic because it reduces the sample size, thus lowering the power of statistical tests.

¹⁷ The finding that group assignment is not driving attrition in our sample is non-trivial, given concerns in the literature about so-called randomization bias. Randomization bias may occur if a sub-sample of subjects is averse to entering in a double-blind experiment because they dislike the uncertainty associated with their treatment status. Non-random attrition would then result in lack of balance across the populations entering in the RCT and double-blind trial.

Table 1. Attrition across the Four Groups

	Open RCT		Double-blind Trial		Total (%)
	Improved seed	Traditional seed	Improved seed	Traditional seed	
	Group 1	Group 2	Group 3	Group 4	
Did not plant	38	39	37	49	163 (28%)
Planted but failed to harvest	6	13	13	13	45 (7%)
Planted and harvested, no endline measurement	20	11	9	12	52 (9%)
Total missing, no harvest measurement	64	63	59	74	260 (44%)
Missing, no field measurement	26	21	27	31	105 (18%)
Total assigned	141	147	142	153	583

perhaps systematically over- or underestimate the productivity of cowpea seeds. This would happen, for example, if such unobservables are correlated with the disutility that respondents derive from participating in a double-blind experiment. In the follow-up analysis, we attempt to control for potential selection concerns by a weighting procedure as a robustness analysis (naturally we can only do this for observables). Specifically, each observation was weighted using the inverse of the likelihood of having a non-missing measure of the harvest of cowpea (calculated using the results of the probit regression reported in column (2) of table 3; see Wooldridge 2002).

Identification

Our identification strategy is simple. First, we ignore attrition and restrict ourselves to the subsample of households that planted the seed and for which we have endline data. We compare sample means from groups 1 and 2 (groups in the open RCT) and compare sample means from groups 3 and 4 (groups participating in the double-blind experiment). We then compare harvest levels of the traditional seed variety across the open RCT and the double-blind trial (groups 2 and 4) to obtain a signal of the effort response. This enables us to gauge the relative importance of the seed effect vis-à-vis the effort response. To probe the robustness of our findings, we proceed along these same steps, but also weigh the observations to account for potential selection concerns due to non-random attrition, and also compute the average treatment effect (ATE) based on cowpea yields. When we compute ATEs, we use a “trimmed

sample” from which we have omitted the top and bottom 5% of the observations (in terms of harvest). As an alternative method for dealing with outliers, we also report the results of a non-parametric Wilcoxon rank sum test to probe differences in harvest (and yield) levels.

Our second step in identification is to use a regression approach to explain cowpea production. This allows us to further probe the importance of modern seed as a factor that raises harvest levels, and enables us to assess whether unobservable effort matters. For this purpose we combine data from the open and double-blind RCT and estimate a model with group dummy variables:

$$(5) \quad Y_i = \gamma_1 D_{1i} + \gamma_2 D_{2i} + \gamma_3 D_{3i} + \gamma_4 D_{4i} + \varepsilon_i$$

where D_{1i} , D_{2i} , D_{3i} , and D_{4i} are dummy variables indicating the experimental group the household belongs to, and ε_i is the error term. Note that equation (5) is estimated without a constant. We derive the following relations using equations (2)–(4):

$$\gamma_1 - \gamma_2 = \Theta_T + \Theta_B + \Theta_I,$$

$$\gamma_3 - \gamma_4 = \Theta_T + b(1/2)\Theta_I,$$

$$\gamma_4 - \gamma_2 = b(1/2)\Theta_B.$$

Therefore, for $\Theta_B > 0$, $\Theta_I > 0$, and $b(\cdot)$ monotonically increasing in p , the difference $\gamma_1 - \gamma_2$ provides an overestimate of what an evaluation should measure, $\gamma_3 - \gamma_4$ yields an underestimate, and $\gamma_4 - \gamma_2$ provides an indication of the importance of the effort effect.

We then estimate the model with vectors of controls. If the effort effect remains

Table 2. Did Randomization “Work”? A Sample of Observables for the Four Groups

Variables	Open RCT		Double-blind		ANOVA test (P-value)
	Improved	Traditional	Improved	Traditional	
	Group 1 (N = 77)	Group 2 (N = 84)	Group 3 (N = 83)	Group 4 (N = 79)	
Household size	4.714 (2.449)	5.000 (2.794)	5.108 (2.252)	4.772 (2.050)	0.695
Gender household head (1 = male)	0.685 (0.468)	0.768 (0.425)	0.818 (0.388)	0.781 (0.417)	0.275
Years of education household head	2.681 (2.731)	2.580 (3.169)	2.618 (2.894)	2.534 (3.644)	0.994
Age household head	45 (16)	48 (17)	49 (16)	50 (16)	0.277
Dependency ratio (percentage of household members older than 60 or younger than 16)	0.525 (0.268)	0.569 (0.289)	0.485 (0.239)	0.581 (0.273)	0.091
Literacy rate	0.141 (0.218)	0.126 (0.242)	0.138 (0.243)	0.145 (0.243)	0.725
% hh members secondary school	0.071 (0.121)	0.076 (0.159)	0.068 (0.122)	0.083 (0.145)	0.034
Village leaders' household and their relatives (1 = yes)	0.182 (0.388)	0.202 (0.404)	0.229 (0.423)	0.177 (0.384)	0.839
Members of economic groups (1 = yes)	0.208 (0.408)	0.262 (0.442)	0.133 (0.341)	0.215 (0.414)	0.222
Members of social groups (1 = yes)	0.325 (0.471)	0.393 (0.491)	0.217 (0.415)	0.354 (0.481)	0.089
Health (1 = somewhat good or good)	0.533 (0.502)	0.470 (0.502)	0.524 (0.502)	0.494 (0.503)	0.848
Economic situation compared to village average (1 = somewhat rich or rich)	0.311 (0.466)	0.277 (0.450)	0.256 (0.439)	0.282 (0.453)	0.901
Expectation of economic situation in future (1 = richer or somewhat richer)	0.392 (0.492)	0.361 (0.483)	0.378 (0.489)	0.321 (0.470)	0.981
Land owned (acre)	4.670 (7.012)	5.520 (7.243)	4.197 (4.275)	3.793 (3.325)	0.285
Has own or public tap	0.740 (0.441)	0.786 (0.413)	0.711 (0.456)	0.785 (0.414)	0.600
Own a cell phone	0.221 (0.417)	0.286 (0.454)	0.337 (0.476)	0.354 (0.481)	0.756
Own a bike (1 = yes)	0.416 (0.496)	0.429 (0.498)	0.337 (0.476)	0.405 (0.494)	0.636
Non-farm income (1,000 Tsh)*	591 (1534)	571 (1363)	684 (1576)	734 (1614)	0.896 {0.839}†
Value of productive assets (1,000 Tsh)*	6.810 (6.398)	6.165 (5.892)	6.400 (6.066)	6.405 (6.298)	0.936 {0.420}†
Value of other assets (1,000 Tsh)**	129 (196)	123 (183)	124 (160)	113 (135)	0.947 {0.641}†
Food consumption 7 days (1,000 Tsh)**	29.435 (7.019)	30.972 (7.390)	30.523 (7.921)	29.031 (7.248)	0.318 {0.029}†

Notes: Asterisk * denotes Tsh=Tanzanian shilling; **denotes that observations in the top and bottom 5 percentiles of the variable are dropped when calculating the mean and the standard deviation; †denotes that an ANOVA test is likely to be affected by outliers for these variables; a P-value from a median test without dropping observations is reported in the curly brackets.

Table 3. What Explains Attrition?

Total harvest in seeds is missing	Var. in Table 2	Stepwise
Group 2	-0.081 (0.156)	
Group 3	-0.095 (0.158)	
Group 4	0.047 (0.156)	
Household size	-0.031 (0.026)	
Gender household head (1 = male)	-0.037 (0.139)	
Years of education household head	-0.003 (0.021)	
Age household head	-0.003 (0.004)	
Dependency ratio	0.170 (0.221)	0.288 (0.201)
Village leaders' household and their relatives (1 = yes)	0.009 (0.148)	
Members of economic groups (1 = yes)	-0.212 (0.181)	
Members of social groups (1 = yes)	0.150 (0.146)	
Health (1 = somewhat good or good)	0.324** (0.123)	0.374** (0.115)
Economic situation compared to village average (1 = somewhat rich or rich)	0.041 (0.153)	
Land owned (acre)	-0.006 (0.011)	
Own a bike (1 = yes)	0.004 (0.124)	
Value of productive assets (1,000,000 Tsh) ^{χψ}	0.465 (1.234)	
Value of other assets (1,000,000 Tsh) ^{χψ}	0.020 (0.053)	
Food consumption 7 days (1,000 Tsh) ^{χψ}	0.004 (0.006)	
Has own or public water tap	-0.312** (0.124)	-0.267** (0.121)
Expectation of economic situation in the future (1 = richer or somewhat richer)	-0.317** (0.146)	-0.289** (0.123)
Own a cell phone (1 = yes)	0.237* (0.131)	0.258** (0.117)
Percentage of household members with secondary school	-0.893* (0.460)	-1.064** (0.425)
Non- farm income (1,000,000 Tsh)	0.021 (0.014)	0.021* (0.013)
Constant	0.102 (0.358)	-0.260 (0.165)
P-value of test: Group 2+Group 3+ Group 4 = 0	0.738	
Pseudo R-squared	0.050	0.040
N. of Obs.	570	572

Notes: Standard errors are in parentheses; * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$; ψ Tsh = Tanzanian shilling; χ denotes that observations in the top and bottom 5 percentiles of the variable are dropped when calculating the mean and the standard deviation.

significant after controlling for observable effort, then we conclude that unobservable effort is important (driving a wedge between the upper and lower bound). The model we estimate reads as follows:

$$(6) \quad Y_i = \gamma_1 D_{1i} + \gamma_2 D_{2i} + \gamma_3 D_{3i} + \gamma_4 D_{4i} \\ + \gamma_5 E_i + \gamma_6 \mathbf{X}_i + \varepsilon_i$$

where E_i is a vector of production inputs including plot size, soil quality, labor inputs, and fertilizers and pesticide,¹⁸ and \mathbf{X}_i is a vector of household characteristics.

Results

Treatment Effects

Table 4 contains our first result and summarizes harvest data for the 4 different groups. Columns 1 and 2 present the outcomes of the open RCT. For the un-weighted sample, the average modern seed harvest is 27% greater than the average harvest of the traditional seed type. A t-test confirms that this difference is statistically significant at the 5% level, and so does a Wilcoxon rank sum test (p-value 0.07). A naïve comparison would interpret these results as evidence that modern seed raises farm output. Based on such an interpretation, policy makers could consider implementing an intervention that consists of distributing modern seed to raise rural income or improve local food security (depending on the outcomes of a complementary cost-benefit analysis, one would hope).

A different picture emerges when we look at the outcomes of the double-blind experiment, summarized in columns 3 and 4. When farmers are unaware of the type of seed allocated to them, the modern seed type does not outperform the traditional type. All our tests suggest that the average treatment effect, according to the double-blind trial, is zero.¹⁹

¹⁸ If unobservables (e.g., skills or effort) are correlated with elements in E , then the estimation of γ_5 would be inconsistent. It should be noted, however, that changing effort may not be necessarily related to adjustments in input use.

¹⁹ We find a very small treatment effect of 5%, or about 20% of the size of the treatment effect observed in the open RCT design. However, low power associated with our small sample implies this difference is not statistically significant. For our main results, it is not important whether the modern variety outperforms the traditional one.

Under the specific assumptions discussed above, we know that the ATE of the open RCT provides an upper bound of the “true” seed effect (defined as the sum of the direct effect of the intervention and the “optimal” subject’s response to the new conditions), and that the ATE of the double-blind trial defines a lower bound. The former fails to account for the reallocation of (unobservable) complementary inputs, and the latter denies farmers the possibility of optimally adjusting their effort. Additional insights emerge when we combine the evidence from the RCT and double-blind experiment. In particular, comparing groups 2 and 4—output for the traditional seed-type with and without knowledge about treatment status—helps to assess whether the true effect is close to the upper or lower bound. A difference driven only by beliefs about treatment status reveals that the effort response must matter. For our data we find this is the case. The harvest of the traditional crop is larger when farmers are uninformed about treatment status (significant at the 5% level). In addition, since group 4 is not different from group 1, we infer that the complete harvest response is due to the reallocation of effort—not to inherent superiority of the modern seed.²⁰ This interpretation is supported by the results of the non-parametric Wilcoxon rank-sum test (reported in curly brackets).

In panel B we probe the robustness of these findings and report the results for the attrition-weighted sample. The ATE is even greater after weighting, and the difference is now significant at the 6% level. In panel C we use our yield measure as an alternative outcome variable (for the sub-sample for which we have field measurements on plot size). As expected and discussed above, patterns in these data are qualitatively different, presumably reflecting that plot size is one of the variables used by farmers to respond to treatment status (ambiguously impacting on yield measures).²¹

²⁰ An interesting question is why the reallocation of effort matters for traditional seed but not for modern seed. A priori we would expect that uncertainty about treatment status would invite a relative “under-supply” of inputs for the modern seed in the double-blind experiment, that is, $b(1/2p) < b(p)$. Perhaps the salience of participating in a double-blind trial is similar to being treated in an open RCT, so that $b(1/2p) \approx b(p)$.

²¹ We have also computed intention to treat (ITT) effects, assigning zero output to all farmers that did not plant or harvest the distributed crop (dropping those that were not retrieved). In light of the high attrition rate in our experiment, it is no surprise that treatment effects across groups are severely diluted

Table 4. Treatment Effects: Dependent Variables for the 4 Groups

Variables	Open RCT		Double-blind		P-value of t-test				
	Improved Group 1	Traditional Group 2	Improved Group 3	Traditional Group 4	Group 1=2	Group 3=4	Group 1=3	Group 2=4	Group 1=4
<i>Panel A: Average treatment effects (ATE)</i>									
Total harvest in seeds (kg)	9.865 (10.809) [77]	7.238 (6.175) [84]	9.912 (10.012) [83]	9.400 (8.614) [79]	0.05 {0.07}	0.72 {0.89}	0.97 {0.98}	0.06 {0.11}	0.77 {0.95}
<i>Panel B: Attrition-weighted effects</i>									
Total harvest in seeds (kg) [†]	10.397 (13.677) [74]	7.059 (6.219) [83]	9.517 (9.391) [82]	9.158 (8.840) [77]	0.06	0.81	0.64	0.09	0.51
<i>Panel C: Average treatment effects (ATE) yield</i>									
Yield in seeds (kg/m ²)	0.071 (0.119) [52]	0.047 (0.087) [59]	0.057 (0.071) [52]	0.042 (0.044) [55]	0.23 {0.15}	0.19 {0.42}	0.45 {0.80}	0.65 {0.85}	0.09 {0.31}

Notes: Standard deviations, No. of observations and the P-values of the Wilcoxon rank-sum test are reported in brackets, square brackets and curly brackets, respectively; [†] denotes the attrition-weighted sample, using the inverse of the likelihood of having a non-missing measure of the harvest of cowpea. A few observations are lost after weighting because of the missing values in the variables used in calculating the weights.

Why are harvests lower when farmers are in the control group of the open RCT? We probe this question in table 5, which compares key inputs and conditioning variables across the three groups of farmers (groups 1 and 2, and the combination of groups 3 and 4, which are lumped together in light of their common information status—additional tests reveal that the distribution of the values of these variables are the same for groups 3 and 4). Data on inputs and conditional variables, except plot size, were collected during the endline survey. We measured the size of the plots ourselves in the field during an interim visit, and unfortunately this variable is only available for a subsample of the households (215). The ANOVA and MANOVA tests suggest differences in terms of soil quality and plot size. Pairwise comparisons of the groups reveals that (a) farmers in the RCT receiving the modern seed chose to plant this seed on good quality plots, and (b) farmers receiving traditional seed in the RCT chose to plant the seed on relatively small plots (inviting extra competition for

space, lowering output). Of course differences in plot size could indicate that farmers in group 2 simply decided not to plant all their seed. This is not the case, however. Smaller plot size raises plant density, and the number of cowpea plants per plot does not vary statistically across groups.²²

Regression Analysis

Table 6 presents our regression results. Considering column (1) first, the significant difference between group 1 and group 2 confirms that a naïve experimenter may attribute considerable impact to the modern seed intervention. However, the difference between groups 1 and 2 may have two components: the effect we are interested in, $\Theta_T + \Theta_I$, and the effort effect, Θ_B . The double-blind experiment provides an indication of the magnitude of these effects. Receiving traditional seed per se is not associated with lower harvests (group 3 does not significantly outperform group 4). In contrast, the effort effect is significant (group 4 outperforms group 2), and the size of this effect is

when assigning zero output to farmers not planting or harvesting. However, even our ITT results suggest that the open RCT produces statistically significant estimates of harvest differentials, and that the double-blind experiment fails to document such an effect. The main difference is that, in spite of a 17% gap between harvest levels in groups 2 and 4 (both using traditional seed, but with different levels of information), we can no longer reject the hypothesis that these harvest levels are statistically similar.

²² While the average number of plants for group 2 appears somewhat lower, it is not significantly different from the number of plants in the other groups (and may be explained by differences in competition-induced mortality at the plot level). If, against the instructions, farmers receiving the traditional seeds in the RCT decided to plant only part of the seeds (and, for example, eat the rest) then this could amount to another type of endogenous effort response explaining harvest differentials.

Table 5. What Explains Higher Harvests?

Variables	Open RCT		Double-blind	ANOVA test P-value	P-value of t-test		
	Improved	Traditional	Combined		Group 1 = 2	Group 1 = 3/4	Group 2 = 3/4
Household labor on cowpea	9.273 (5.789)	10.354 (8.039)	9.654 (6.749)	0.59	0.33	0.67	0.47
Land is flat (1 = yes)	0.319 (0.469)	0.421 (0.497)	0.369 (0.484)	0.44	0.20	0.48	0.46
Land erosion (1 = slight or heavy erosion)	0.712 (0.456)	0.632 (0.486)	0.699 (0.461)	0.50	0.29	0.83	0.32
Improvement such as bounding, terrace (1 = yes)	0.263 (0.443)	0.244 (0.432)	0.242 (0.430)	0.94	0.78	0.73	0.97
Intercropping (1 = yes)	0.186 (0.392)	0.159 (0.369)	0.146 (0.355)	0.77	0.68	0.47	0.80
Weed between plants (1 = yes)	0.819 (0.387)	0.681 (0.470)	0.746 (0.437)	0.15	0.05	0.23	0.32
Soil quality (1 = good)	0.671 (0.473)	0.471 (0.502)	0.476 (0.501)	0.01	0.01	0.01	0.94
Used pesticide or fertilizer?	0.097 (0.035)	0.069 (0.030)	0.063 (0.022)	0.676	0.550	0.391	0.872
Number of plants	1054 (112)	874 (86)	995 (81)	0.439	0.198	0.664	0.330
Consult anybody on how to plant cowpea? (1 = yes)	0.139 (0.348)	0.118 (0.310)	0.158 (0.366)	0.53	0.51	0.70	0.26
Plot size (square meter)*	342 (213)	284 (206)	349 (214)	0.11 {0.01}†	0.11 {0.13}††	0.83 {0.91}††	0.05 {0.06}††
MANOVA test (p-values)				Pillai's trace: 0.660			
Wilks' lambda: 0.660				Roy's largest root: 0.100			
Lawley-Hotelling trace: 0.660							

Notes: Asterisk * denotes that observations in the top and bottom 5 percentiles of the variable are dropped when calculating the mean and the standard deviation; † denotes P-value of the median test without dropping observations; †† denotes P-value of the Wilcoxon rank-sum test without dropping the observations.

very large. Column (1) reveals that the effort effect must exceed 0.254 (as $b(1) > b(1/2)$), but the total effect $\Theta_T + \Theta_I + \Theta_B$ equals only 0.384. Two-thirds of all impact may be attributed to an effort response, and not to specific characteristics of the modern seed.

This finding becomes stronger when we control for observable production factors. These results are reported in column (2).²³ Not surprisingly, we also find that higher levels of production factors (labor and soil quality) are associated with greater harvests. Note that the coefficients for variables like soil quality, as reported in column (2), should

not be interpreted as the causal effect of improved soil quality on harvests. Soil quality can be endogenous to treatment, and is therefore not a proper exogenous explanatory variable. Soil quality is only included in the model as a control (enabling us to verify how much of the measured variation in harvest levels is correlated with standard “observables,” and how much is determined by other factors).

As mentioned above, we observed that traditional seed farmers in the RCT chose to plant their crops on smaller plots. To examine the effect of plot size, we re-estimate the models in columns (1-2) on the subsample of households for which we have field measures. Results are reported in column (4). Column 3 is included to demonstrate that the reduction in sample size per se does not invalidate the insights from column (1). For our subsample

²³ We changed the value of log labor into zero for the 14 observations with no reported labor input. Dropping these observations does not affect the results.

Table 6. Regression Results

Log total harvest in seeds (kg)	Full sample		Restricted sample with field measures	
	(1)	(2)	(3)	(4)
Improved seeds and know (group 1) γ_1	1.969*** (0.108)	1.335*** (0.220)	2.092*** (0.120)	0.611* (0.351)
Traditional seeds and know (group 2) γ_2	1.585*** (0.103)	1.025*** (0.219)	1.602*** (0.108)	0.152 (0.347)
Improved seeds and not know (group 3) γ_3	1.937*** (0.103)	1.410*** (0.221)	1.973*** (0.118)	0.523 (0.361)
Traditional seeds and not know (group 4) γ_4	1.839*** (0.106)	1.338*** (0.220)	2.131*** (0.119)	0.650* (0.369)
Log plot size				0.140** (0.051)
Weed between plants (1 = yes)				-0.088 (0.118)
Log labor		0.253*** (0.066)		0.320*** (0.082)
Whether used pesticides or fertilizers		0.299 (0.192)		0.319* (0.191)
Soil quality (1 = good)		0.356*** (0.104)		0.287** (0.112)
Gender household head		-0.028 (0.112)		0.043 (0.121)
Dependency ratio		-0.276 (0.193)		-0.184 (0.205)
Illiterate rate		-0.03 (0.060)		-0.083 (0.064)
Elected positions in the village		0.078 (0.128)		0.108 (0.147)
$\gamma_1 - \gamma_2 = \Theta_T + \Theta_B + \Theta_I$	0.384*** (0.149)	0.310** (0.145)	0.490*** (0.161)	0.458*** (0.152)
$\gamma_3 - \gamma_4 = \Theta_T + b(1/2)\Theta_I$	0.098 (0.148)	0.072 (0.145)	-0.158 (0.167)	-0.128 (0.163)
$\gamma_4 - \gamma_2 = b(1/2)\Theta_B$	0.254* (0.148)	0.313** (0.143)	0.528*** (0.160)	0.498*** (0.154)
R-squared	0.026	0.135	0.063	0.233
Number of obs.	321	317	215	215

Notes: Standard errors are in parentheses; * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$

with field measurements, the effort effect increases to 0.528, while the total effect is only 0.490, which is again not significantly different from the effort effect. Controlling for adjustments in plot size (and controlling for other inputs as well) hardly diminishes the effort effect, even though plot size is significant itself (note that the pesticide/fertilizer variable is now also significant). Specifically, the effort effect shrinks to 0.501, and remains significant at the 1% level.²⁴

²⁴ We have also estimated the four regressions in table 6 with variables (total harvest, plot size, and labor) in levels instead of in logs. The significance of the coefficients of the variables and the conclusions drawn from the second panel of the table

Hence, unobservable effort—that is, effort over and beyond the usual variables readily accommodated in surveys or field measurements such as plot size, “plot quality,” labor, and external inputs—is a key factor in determining harvests. Perhaps the vector of usual controls (including measures of labor, soil quality, and plot size) is too coarse, lumping together a variety of subtly different

remain unchanged. Since it is often found that farm outputs and inputs follow a nonlinear relation (e.g., a Cobb-Douglas or a CES relation), we prefer the main results with variables in the log form, but details of the specification levels are available in the supplementary online appendix.

variables.²⁵ For example, the timing of interventions might matter, or the quality of labor (household labor or hired labor), or characteristics of the plot may vary along multiple subtle dimensions. This result is consistent with agronomical evidence on smallholder farming in Africa, which emphasizes tremendous yet often subtle variability at the farm and plot level (Giller et al. 2011). It is difficult to capture all relevant adjustments in complementary inputs as farmers can optimize along multiple dimensions (some of these adjustments may be inter-temporal, involving changes in soil fertility and future productivity).²⁶ Failing to control for all of them will result in biased estimates of impact in open RCTs.

Implications and Conclusions

Randomized controlled trials have changed the landscape of policy evaluation in recent years. There exists an important difference between such RCTs that are designed and implemented by economists and political scientists, and those that are designed as medical experiments. The so-called Gold Standard in medicine prescribes double-blind implementation of trials where patients in the control group receive a placebo, and neither researchers nor patients know the treatment status of individuals. Failing to control for placebo effects implies overestimating the impact of the intervention (Malani 2006). In policy and mechanism experiments (Ludwig et al. 2011), double-blind interventions are *not* the standard for many reasons. For example, we do not introduce sham microfinance groups or fake clinics as the “social science

counterparts” of inert drugs when analyzing the impact of interventions in the credit or health domains (at least, not intentionally). One might argue that policy makers are not interested in the outcomes of double-blind experiments—if an intervention affects the value marginal product of inputs, then ideally subjects *should* adjust their effort. If the experimental design precludes such effort responses, then it provides a biased estimate of the potential impact of the intervention.

Glewwe et al. (2004) argued that behavioral adjustments are relevant for impact measurement. These authors distinguished between so-called direct (structural) and indirect (behavioral) effects, which correspond to our direct treatment effect (Θ_T) and the summation of our two behavioral effects ($\Theta_B + \Theta_I$), respectively. An RCT measures the so-called total derivative of an intervention—the sum of direct and indirect effects. This total derivative may be manipulated to obtain a measure of welfare. Specifically, to go from (total) impact to welfare, we should control for costs associated with the behavioral response—correct for changes in the allocation of other inputs multiplied by the value of those inputs. Our results extend those of Glewwe et al. (2004). First, for our case a large part of the total derivative should not be attributed to the intervention itself, but to (false) expectations raised by the prospect of receiving the intervention. Second, going from the total derivative to a measure of welfare by introducing “corrections” of inputs may be problematic in practice, as many adjustments are unobservable to the analyst. These findings support a claim by Barrett and Carter (2010) who critically discuss various pitfalls associated with the use of RCTs in development economics: “It is often unclear what varies beyond the variable the researcher is intentionally randomizing... As a result, impacts and behaviors elicited experimentally are commonly endogenous to environmental and structural conditions that vary in unknown ways within a necessarily highly stylized experimental design. This faux exogeneity undermines the claims of clean identification due to randomization.”

Recognizing the importance of (unobservable) effort responses, Chassang et al. (2012a) propose an alternative design for RCTs. They demonstrate that adopting a principal-agent approach to RCTs—designing so-called selective trials—enables the analyst to obtain

²⁵ For example, Duflo et al. (2008) seek to assess the rate of return on fertilizers, and correctly highlight the importance of measuring the impact “on the use of complementary inputs,” as well as on output. Duflo et al. (2008) focus on differences between treatment and control plots in the time that farmers spent weeding, and on enumerators’ observations of the physical appearance of the plot. They detect no differences and therefore assume that “costs other than fertilizer were similar between treatment and control plots” (p.484). This may be true, but it is also possible that these analysts have underestimated the complexity of the farm household system and the associated heterogeneity in production conditions at the village or farm level.

²⁶ In the case of cowpeas, the effect on soil fertility might be positive, given the nitrogen-fixing nature of peas. Pea varieties are often used as alternative fertilizer on otherwise fallow land. Reduced fallowing would, however, have negative effects on soil fertility in the case of most other crops.

unbiased estimates of impact. However, such designs are costly because they require large samples. An important question, therefore, is whether unobservable effort responses are quantitatively important to justify these extra costs. For our case, unobservable effort responses are of first-order importance, and virtually all impact measured in the open RCT appears to be due to the adjustment of effort. There may be many dimensions along which behavior can be adjusted, and future work could attempt to identify which dimensions matter most by using more finely-grained effort measures than the crude and standard ones we used. Future research should explore whether our findings hold up in larger samples (preferably with more tightly controlled attrition) and in other sectors. In particular, we analyze an extreme case—where the treatment seems to have nearly no effect—and it would be interesting to explore whether the quantitative assessment of the behavioral response extends to more “typical” contexts.

We believe these insights provide several implications for prospective interventions. For the (small) subsample of interventions where double-blind trials are feasible (because differences between treatment and control status are not easily discerned), data from open RCTs and double-blind trials may be combined to gauge whether or not (unobservable) effort responses are large. When double-blind trials are not feasible, analysts should be aware of challenges to internal and external validity following from behavioral responses (including unobserved heterogeneity due to heterogeneous responses). Data should be collected on as many components of the endogenous effort vector as possible, for both the treated and the control group, as this enables one to approximate the value of $b_i(p)$ for effort response i . This facilitates cost accounting to control for complementarities (or substitutions) in intervention and effort (as in Glewwe et al. 2004). While some “unobservable effort responses” will presumably remain, behavioral bias is reduced as more production factors are measured and entered in the vector of observables. Analysts may consider gauging certain non-standard behavioral factors via behavioral games, measuring risk preferences, entrepreneurial talents and so on (see Barrett and Carter 2010), or by including qualitative research methods to complement the “standard” open RCT. Insofar as theory enables the analyst

to predict how observable and unobservable factors co-evolve in response to treatment status (i.e., the correlation between the various $b_i(p)$ for effort response i), observation of observables may also enable her to predict whether impact as measured by the RCT is an over- or underestimation of impact.

In addition, we found support for the idea that expectations matter. The behavioral response picks up subjective beliefs of participants, and many farmers in our sample were disappointed by the eventual harvests. No less than 58% of the farmers receiving the “modern variety” of seeds indicated that the present year’s harvest was not better than the harvest in the previous year. If we would run the same experiment again with the same farmers, they would presumably allocate smaller quantities of their (unobservable and observable) inputs to this cowpea crop, thereby pushing harvest levels down. That is, behavioral responses can be short-lived and will almost certainly vary over time as farmers update their beliefs and expectations. Unfortunately we do not understand these dynamics, which implies that one cannot rely on stability of the parameters of interest.²⁷

To avoid bias due to unobservable effort, one could measure impact at a higher level of aggregation. That is, rather than focusing on cowpea harvests, the analyst could explore how the provision of modern seed affects total household income (or profit). Many effort adjustments will have repercussions for earnings elsewhere, so it makes sense to measure impact at the level where all income flows (opportunity costs) come together. However, two considerations are pertinent. First, some of the adjustment costs do not materialize immediately, but will be felt over the course of years and are therefore easily missed by the analyst (e.g., altered investment patterns affecting various forms of capital, such as nutrient status of the soils). Second, moving to a higher level of aggregation implies summing various (volatile, on-farm and off-farm) income flows, and therefore lowers the signal to noise ratio.

Finally, we speculate that effort responses in experiments also matter for the external validity of experiments. A large body of literature examines this issue,²⁸ and we have

²⁷ We thank an anonymous referee for emphasizing this point.

²⁸ The literature suggests two main ways to address external validity in field experiments. One involves mechanism design as discussed by Chassang et al. (2012a). The other involves the

little to contribute. However, we observe that effort responses typically will be very context-specific (in accordance with local geographic, cultural, and social conditions). Hence, while the seed effect, as picked up in efficacy trials, may readily translate from one context to the other (provided growing conditions are not too dissimilar), it is not obvious whether estimates of the total harvest are valid beyond the local socio-economic system. Measuring the effort effect in RCTs enables the analyst to make predictions concerning impact elsewhere.

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accumulation of evidence from different sites (e.g., Angrist and Pischke 2010). For example, Allcott and Mullainathan (2011) analyze a sample of energy conservation experiments, and find that impact can be quite heterogeneous across sites. These authors propose a test to probe whether specific empirical results are externally valid, based on heterogeneity across sub-sites within the sample.

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